

Healing Through Art

Empowering Our Bodies With Creative Energy

Workshop

explore how creating art
through writing and performance
can offer healing and restoration from pain and trauma

Body Image
Eating Disorders

Performer/Facilitator

Caroline Rothstein

Wednesday, November 30th

6:30pm - 8:30pm

26 N. Arsenal Ave.

\$5 Donation

www.cwuonline.org

317-520-2989



Center of
Wellness for
Urban Women, Inc.